**Jude Sclater Bio**

**One Liner**

Helping people managers lead with empathy and impact — even under pressure.

[11 words]

**Boilerplate**

Frustrated with expensive training courses that delivered a lot of great content with very little learning, Jude Sclater set up Think with Jude in 2019. Her niche lies in training new managers from consulting, legal, and financial service industries, guiding them from individual contributors to effective team managers. In 2024, Jude published Think Like A Coach, to empower managers to use coaching principles in everyday conversations. The book is a finalist in the 2025 Business Book Awards.

[77 words]

**Bio**

Jude Sclater is a leadership coach, author of *Think Like A Coach*, and former internal coach at Deloitte. She helps managers step up from doing the work to leading the team, without burning out or losing their best people. Her work focuses on practical coaching skills that make everyday conversations more impactful, even when time is short.

Through her book, training programs, and *Think Like A Coach* weekly insights, she supports leaders to ask better questions, build trust, and grow high-performing teams. With deep experience in professional services, she’s coached hundreds of managers to lead with empathy and impact.

Originally from New Zealand, she’s lived in London for almost 20 years. When she’s not coaching, she’s working hard on transforming her garden, creating home-made pizzas with her husband and learning the art of wine tasting.

[135 words]

**Socials**

Website: [www.thinkwithjude.com](http://www.thinkwithjude.com)

LinkedIn: [www.linkedin.com/in/judesclater](http://www.linkedin.com/in/judesclater)

Instagram: [www.instagram.com/thinkwithjude](http://www.instagram.com/thinkwithjude)

Blog Signup: [www.thinkwithjude.com/signmeup](http://www.thinkwithjude.com/signmeup)

Booksellers: [www.thinkwithjude.com/think-like-a-coach#buy](http://www.thinkwithjude.com/think-like-a-coach#buy)